

NewBalance

100CP RUN

June 27, 2010 – Pikassaare mäed

Time and location:

Sunday, 27 June 2010 in Pikassaare mäed.

Start:

First start at 13:00

Start lists:

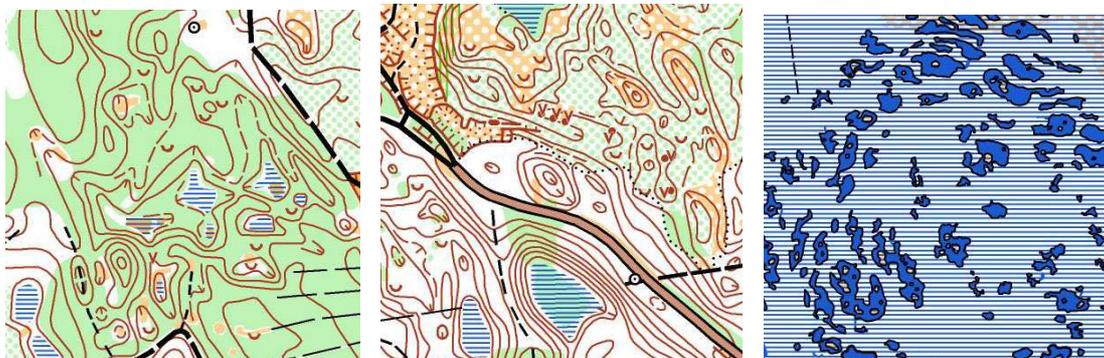
Will be available on the web site <http://sk100.ee/100kp> no later than June 23

Getting to the event centre:

Coming from Tallinn: signs on the Tallinn-Narva road (E20) 68. kilometre, 1.5km before Loobu, at Läsna bus-stop. It is 4km from Tallinn-Narva road to the event centre.

The terrain and map:

The runnability in this coniferous forest varies from very good to moderate. Lower running speed may be encountered at recent forest clearings. The terrain has many typical moraine features (eskers, kames, drumlins) and is very variable.



- MW16 and older classes:

At start a contestant will receive a map in the size of A3. On one side there is a map in the scale of 1: 10 000 and on the other side there is a relief map in the scale of 1:5000. The race track will be divided into 3 parts: first and third part are depicted on the regular map and the second part on contour map.

- Classes MW12 and MW 14:

The race track consists of 1 part, what are depicted on the regular map in the scale of 1:10 000. Map is in the size of A4.

- Taped route (MW10NR):

The race track consists of 1 part, what are depicted on the regular map in the scale of 1:7500. Map is in the size of A4.

Maps are printed using offset- method.

Classes and approximate course lengths:

Class	Number of control points	Length
W10NR	5-10	~1.5/2.5 km
W12	20	~2.5 km
W14	25	~3 km
W16	35	~4.5 km
W18	45	~6 km
W21A	70	~9 km
W21B	45	~5.5 km
W21C*	All controls (ca 120)*	
W35	50	~6.5 km
W40	45	~6 km
W45	45	~5.5 km
W50	40	~5 km
W55	35	~4.5 km
W60	35	~4 km

Class	Number of control points	Length
M10NR	5-10	~1.5/2.5 km
M12	20	~2.5 km
M14	25	~3.5 km
M16	45	~6 km
M18	60	~7.5 km
M21A	100	~14 km
M21B	65	~8.5 km
M21C*	All controls (ca 120)*	
M35	80	~10.5 km
M40	75	~9.5 km
M45	70	~9 km
M50	60	~7.5 km
M55	50	~6.5 km
M60	45	~5.5 km
M65	40	~5 km

- It is an individual race with the starting interval of 2 or 3 minutes (excluding MW21C where at 13:00 is mass start). Forking will be used.
- In classes M21C ja W21C competition is cross-country navigation where control points may be visited in any order. At start a competitor will get a map with all controls and the objective is to visit as many controls as possible during control time. The competitor with the greatest score, or in the event of a tie the competitor who finished earlier, shall be awarded the higher placing.
- Pre-start 2 minutes.
- Control time is 5 hours. Control time in classes MW21C is 2 hours.
- All courses (excluding MW10, 12 and 14) have at least 2 refreshments points. (M21A has at least three).

Registration:

Until May 31/June 17 (late entry) through <https://osport.ee/> or by e-mail [100kp\[at\]sk100.ee](mailto:100kp[at]sk100.ee)

Classes	Before May 31	Before June 17
MW10NR, 12, 14	50 kroons	70 kroons
MW16, 18	80 kroons	100 kroons
MW21A	140 kroons	160 kroons

MW21BC, 35-55	120 kroons	140 kroons
MW60, M65	100 kroons	120 kroons

The entry fee and the rent for SI-card(s) are paid on registration:

MTÜ Spordiklubi 100 IBAN: EE112200221047956653, BIC: HABAE2X

Punching system:

SPORTident (SI).

Competitors are responsible for making sure that they have the proper SI-cards for the whole competition. It's allowed to use up to four SI-cards. The competitors, who fail to punch, because their SI-card memory is full, will be disqualified. All the SI-cards will be read out at the event centre after finishing.

NB! It is not allowed to use the same SI-card by more than one competitor.

It is possible to rent SI- cards from the organisers:

Version 6 – 45 kroons per card

Version 9 – 35 kroons per card

Version 5 – 25 kroons per card

Main types of SI-cards are:

Version	SI-card number	Number of available punches
5	Up to 499 999	30
6	500 000 to 999 999 and 16 711 680 to 16 777 215	192
8	2 000 000 to 2 999 999	30
9	1 000 000 to 1 999 999	50

The wish to rent SI-cards has to be included in the registration. Bear in mind that the amount of rental Si-cards versions 6 and 9 are limited (first come, first served basis).

It is not necessary to register the individual SI-card numbers. The competitors will go through a start gate on their way to the starts where all the SI-cards and their numbers are registered. It will also be checked if the competitor has enough room on his/her SI-card(s) to complete the race.

Important information:

- Number bibs are used in all classes and are available at the start.
- Rented SI-cards will be at the event centre in the event office. Competitors who have not paid their entry fees or wish to rent a SI-card have to take into account that there might be a queue.
- Competition is an Estonian Orienteering Federation ranking event and part of Estonia junior orienteers Printcenter cup.

Shower & WC:

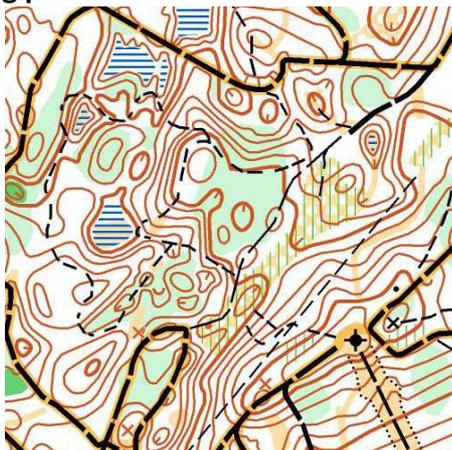
Warm indoor showers are in the event centre. Toilets are in the event centre and at the start.

Food & shopping:

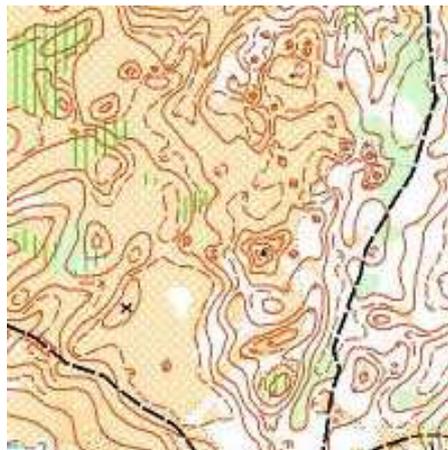
There will be a cafeteria and also two shops for orienteering equipments at the event centre.

Prizes:

The best in all classes will be rewarded according to the number of participants in each class. Prizes from **NewBalance**.

Training possibilities:

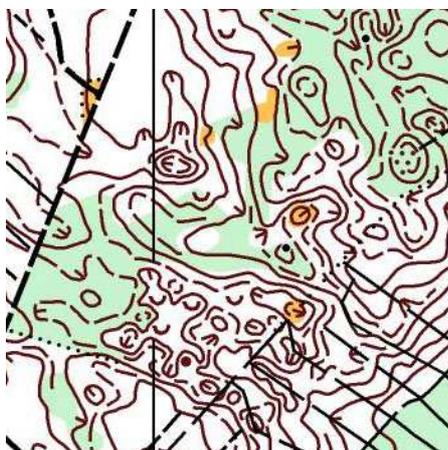
Mägede küla ; 1:10 000 ; h=2,5m
(100CP RUN 2009)



Aegviidu ; 1:10 000 ; h=2,5m
(100CP RUN 2008)



Viitna ; 1:10 000 ; h=2,5m
(CP RUN 2007)



Mustla-Nõmme ; 1:10 000 ; h=2,5m
(CP RUN 2006)

Organisers:

MTÜ Spordiklubi 100

Event manager: Jaan Tarmak (+372) 5650 6678, jaan[ät]sk100.ee

Course setter: Timmo Tammemäe (+372) 529 4233, timmo[ät]sk100.ee

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WELCOME!